Toronto metro

MONDAY, AUGUST 29, 2016

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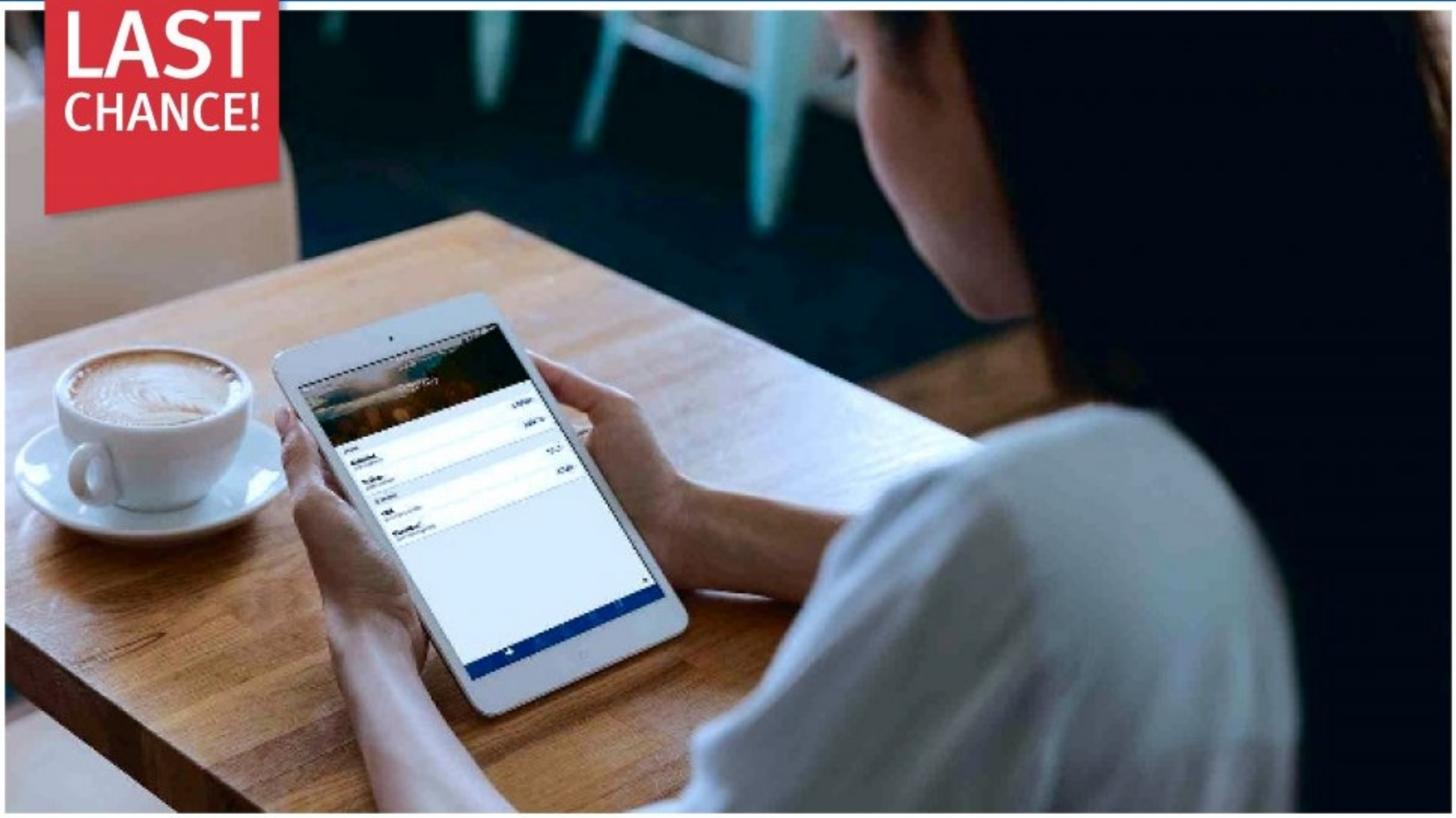

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Minimalist millennials

Boomer parents' household heirlooms shunned metroLIFE

DONALDSON'S TRIPLE HOMER DAY

Hat trick helps Jays sweep Twins metroSPORTS

Toronto metro

Your essential daily news | MONDAY, AUGUST 29, 2016 | High 26°C/Low 17°C Sunny

'IT'S LIKE A DREAM'

Homegrown Olympians ride the Rio wave all the way through Toronto metroNEWS

Penny Oleksiak, and fellow swim team member Michelle Williams at the Olympic parade celebration in Toronto on Sunday. THE CANADIAN PRESS

'Ghost hotels' loom over waterfront

INSIDE AIRBNB

Lakeshore has most short-term rentals in city, data suggests

May Warren
Metro | Toronto

Toronto's waterfront is haunted by ghost hotels.

According to the independent website Inside Airbnb, the condo communities along the lakeshore are home to the highest concentration of short-term rental listings in the city.

The site found 16 per cent of Toronto's Airbnb listings are located on the waterfront. And of those, 83 per cent are for an entire unit, not just a spare room.

While that may be good news for tourism, advocates say it's undermining Toronto's quest for adequate and affordable housing downtown.

Thorben Wieditz, a member of the Fairbnb coalition, said so-called "ghost hotels" take much-needed rental properties off the market, compounding the housing crunch.

So, instead of building housing, the city is "actually building hotels," Wieditz said.

Vicki Trottier, president of the Fort York Residents Association, said she's concerned about the safety of short-term rentals. With residents leaving key fobs around for Airbnb guests to pick up, she said it's hard to tell who belongs in the building.

Trottier also worries about the impact ghost hotels are having on what's supposed to be a residential neighbourhood.

Good news for tourism, bad news for affordable housing, critics say. TORSTAR NEWS SERVICE

"If you bought into a home and a community and then it's turning into a hotel, then that's kind of like, wait a minute, what's going on here?" she said.

Airbnb spokesperson Christopher Nulty disputed Inside Airbnb's findings, saying the site's analysis doesn't provide "a complete or accurate picture of the Airbnb community."

"The vast majority of Airbnb hosts in Toronto are regular people sharing their primary residence a few nights each month in order to make ends meet," he said.

According to Airbnb, the median user in Toronto made $5,000 in 2015. Nulty also claimed a survey of users found that revenue from short-term rentals helped 500 Torontonians avoid foreclosure or eviction last year.

"We believe that home sharing in Toronto should be regulated and we look forward to working with policymakers to support regular people trying to make ends meet," Nulty said.

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metro NEWS

Your essential daily news

New England is running out of mussels, scientists say. **Business**

Humans of Toronto by K. Omar

"It's hard, but doing things without fear is the best way to go about life. I just don't fear anything. I have to go in saying, 'This is what I want to do,' and I'm going to do it. If it scares me, that's fine. If it doesn't end well, that's fine, but I have to do it.

Humans of Toronto is K. Omar's social photography project aimed at photographing and talking to people in the city. Selections from her work feature weekly in Metro. See more at Humans of Toronto on Instagram.

Hot and bothered on the subway line

TRANSIT

Commuter asks mayor to feel effects of broken AC first-hand

This has been a sweltering summer for TTC riders, as one in four subway cars along the Bloor-Danforth line lack air conditioning. TORSTAR NEWS SERVICE FILE; BIANCA SPENCE PHOTO: TWITTER

Fed up with subway cars that feel like saunas, Bianca Spence is putting the heat on Mayor John Tory.

Spence has challenged the mayor to ride the sweltering Bloor-Danforth line with her all the way from Kennedy to Kipling.

"I think he should really understand the commutes of some very vulnerable citizens that live on the fringes of the city," she said.

The TTC has been plagued with air conditioning issues along Line 2 this summer. Approximately one in four subway cars have no functioning AC, leaving many commuters hot and bothered.

Spence takes the line every day to and from work. Her frustrations boiled over one day in July, prompting her to reach out to the mayor on Twitter.

She continued to tweet at him throughout the summer, but only received a response to her challenge last week.

Tory's office told Metro they had been in touch with Spence to "find a time when the mayor could ride with her."

"The mayor agrees this is simply not acceptable for a major metropolitan transit system," spokeswoman Amanda Galbraith wrote in an email.

Despite the broken air conditioners and other infrastructure issues on the TTC, the mayor has demanded the transit service slash its budget by 2.6 per cent next year.

According to TTC spokesperson Stuart Green, staff are working diligently to repair broken air conditioners, but he said it's unlikely they'll be back online before the fall.

The Bloor-Danforth cars are the older ones in the system, Green said, noting dirt and dust can block the air conditioning units. It can take up to four days to repair an AC unit, he added.

TORSTAR NEWS SERVICE

32.5 C

According to Torstar News Service tests in mid-July, temperatures inside some non-air-conditioned cars on the Bloor-Danforth line reached 32.5 C this summer.

"Tory should really understand the commutes of some very vulnerable citizens. Bianca Spence

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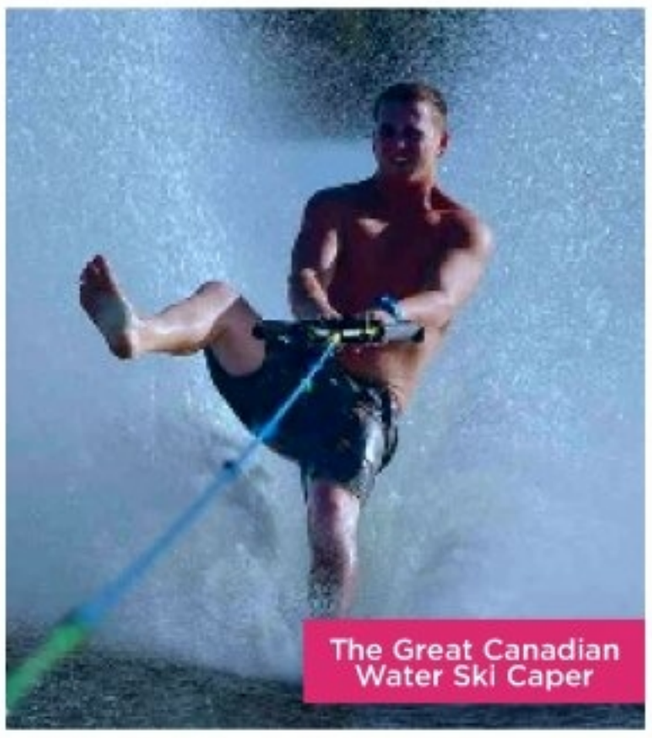

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Gamers take over Air Canada Centre

CULTURE

Very first e-sport competition sees stadium thrum with excitement

Colin McNeil
Metro | Toronto

A sold-out stadium, merchandise lines 200 people deep and the roaring cheers of hardcore fans.

It had all the hallmarks of a Raptors playoff game or a Maple Leafs season opener, but last night it was League of Legends — the world's most popular video game — that filled the Air Canada Centre to bursting.

If there was any skepticism Toronto could become a pro-gaming destination, it evaporated in the raucous atmosphere of the ACC Sunday night.

"We see this as the first of many such events at Air Canada Centre," said Wayne Zronik, vice-president of live entertainment at MLSE. "We've had overwhelming interest in this weekend's events and certainly look forward to giving e-sport fans more chances to watch their favourite teams compete against each other."

Fans packed the ACC on Sunday night to cheer on their champions in the North American finals of the world's most popular video game: League of Legends. COLIN MCNEIL/METRO

It was the biggest competitive gaming event ever on Canadian soil — and for at least one pro player, a long time coming.

"It was an amazing feeling," said Toronto native Jason "WildTurtle" Tran.

"I love playing for my hometown. I always wished a tournament would happen in Toronto, and it finally did."

The charismatic player was met with a thunderous ovation when he walked on stage draped in the Canadian flag, grinning ear to ear.

"This is the event Toronto deserved."

Toronto Public Health launched the third city-branded condom at Nathan Phillips Square on Friday afternoon. TORSTAR NEWS SERVICE

PUBLIC HEALTH

Home safe: T.O. condoms back on

Nothing says civic pride like a Toronto-themed condom. It's the third year for the Toronto Public Health initiative, designed to get Torontonians in the mood for safer sex. The big unwrap kicked off on Aug. 26.

"It was a big put-on," said councillor and board of health chair Joe Mihevc, attempting a play on words. He said the condoms are a lighthearted way to remind people of the need to prevent sexually transmitted infections. In 2014, he said, Canada's largest city recorded more than 13,000 cases of STIs. "One ounce of prevention is worth a pound of cure."

The 2016 versions feature letters from the TORONTO sign at Nathan Phillips Square.

The city plans to distribute four million male condoms and 20,000 to 30,000 female condoms for free at public health clinics over the next year. The initiative will cost the city 11 cents per unit, said Mihevc.

Rebecca Rosenblat, a Toronto-based sexuality therapist, said female condoms are something many women don't know about, "but it's really a critical option (that allows women) to have total control . . . She can put it on hours before."

When used correctly, external latex condoms are 97 per cent effective at preventing pregnancy, according to condomTO resources. TORSTAR NEWS SERVICE

MISSISSAUGA

Officer struck by police car

The province's Special Investigations Unit (SIU) is investigating after a police officer was struck by a police cruiser in Mississauga on Sunday morning.

Peel police responded to a call about a collision near Mississauga Road between Eglinton Avenue West and Erin Centre Boulevard at 9:48 a.m.

Emergency responders took one officer to Sunnybrook Health Sciences Centre with serious injuries.

The officer was on a paid assignment at the intersection of Mississauga and Barbertown roads when he was struck by a police cruiser.

The SIU has assigned seven investigators and four forensic investigators for this case.

They are appealing for witnesses to provide statements or any video footage.

The SIU investigates incidents involving police that result in death, serious injury or allegations of sexual assault.

Earlier, the watchdog was called in to investigate an incident in Toronto which saw a 68-year-old man fall out of an apartment balcony near Yonge Street and St. Clair Avenue East Sunday morning.

Police say they responded to a call for a man in crisis in an apartment at 33 Rosehill Ave. at around 7:25 a.m. According to police, the man appeared to be carrying a rope that was suspended from the balcony.

After police arrived, they discovered the man's body outside the apartment building.

The circumstances that led to his death are still unclear. TORSTAR NEWS SERVICE

HOMICIDE

Shooting victim identified

Police have identified Peggy Ann Smith, 61, of Toronto as the victim of a fatal shooting in Riverdale on Saturday.

Police responded to report of gunshots in the Don Mount Court and Kintyre Avenue area at 6:13 p.m. Smith was found in an alley with a gunshot wound and pronounced dead at the scene. Two young men were seen fleeing the scene.

Smith is the city's 48th homicide. Police don't believe she was deliberately targeted.

Police ask witnesses to call 416-808-7400 or Crime Stoppers at 416-222-TIPS (8477). TORSTAR NEWS SERVICE

Playwright uses trauma as muse

THEATRE

One-woman show details recovery from SUV impact

Sarah Kester
For Metro | Toronto

> **We're all vulnerable and seeing other people's vulnerability helps us deal with who we are.**
> Gillian Clark

Gillian Clark hasn't been asked about her scars in a long time, but that changed when she got to Toronto.

"The other day I was getting off my bike and this guy was standing behind me and was like, 'Oh, looks like you got in a nasty accident,'" she said.

The observer was right. In 2010, Clark was hit by an SUV and pinned to a brick wall in downtown Halifax. The collision broke her femur and pelvis and severed her femoral artery.

Now a professional theatre artist, 25-year-old Clark has written a one-woman show based on her experience. Let's Try This Standing recalls the crash, her long recovery and the impact it had on her life and psyche.

She'll be performing the show Monday night to a sold-out crowd at Toronto's Theatre Passe Muraille.

Clark says the act of writing and acting in the play has helped her process the trauma of a life-changing car crash.

"I still struggle with a lot of things about my accident," she said. "This play is a way of finding control in a situation that was so out of control."

She still wrestles with trauma — like when strangers ask about her scars — but has learned to acknowledge, and even celebrate, what happened to her.

"For the most part when I'm performing the show it's just joy," she said.

Halifax-based theatre artist Gillian Clark's one-woman show Let's Try This Standing is about her recovery after being hit by an SUV in 2010. She'll be performing the play in Toronto on Monday. COURTESY MEL HATTIE/KEEP GOOD THEATRE COMPANY

KENSINGTON MARKET LITERAL STREET FOOD A 150-metre stretch of Baldwin Street was painted Sunday with images of fresh produce in Toronto's first-ever road mural project. The city is tentatively allowing five streets to be painted between now and October, after city staff recommended against legalizing street murals earlier this year, citing "administrative, regulatory and maintenance burdens." GILBERT NGABO/METRO, WITH FILES FROM TORSTAR NEWS SERVICE

CITYPLACE

Power goes out for several hours at Lakeshore complex

Residents of CityPlace were without power for several hours following an outage Sunday morning, according to Toronto Hydro.

The power went out in the condo complex bordered by Lake Shore Blvd. W., Bathurst St., Front St. and Spadina Ave. at around 11:15 a.m., said Andrea Corkum, spokesperson for Toronto Hydro.

According to Corkum, the outage affected all residents of the nine buildings in the area. The cause of the outage is still being determined by Toronto Hydro.

"We don't have an accurate customer count because each building only has one meter and is considered one customer for Toronto Hydro," said Corkum.

Power was restored at around 4:00 p.m.

TORSTAR NEWS SERVICE

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‘Please be inspired today’

TEAM CANADA

Olympians on parade fire up next generation of athletes

Gilbert Ngabo
Metro | Toronto

As Penny Oleksiak and other athletes strode through Woodbine and Queen in vintage convertibles, they were cheered on by the next generation of local Olympians.

“I’m so excited,” said 10-year-old Natalia Rodriguez, sporting a red-and-white outfit complete with a bright red hat.

Hours before the Sunday parade even kicked off, Rodriquez and her family were standing front row on Woodbine near the Danforth.

Rodriguez said watching Oleksiak, 16, receiving a hero’s welcome after a successful stint in Rio makes her feel like one day, she too could represent Canada on the Olympic stage.

She loves soccer and gymnastics, and looks up to many of the athletes who took part in the parade — including gymnast Rose Cossar, volleyball duo Kristina Valjas and Jamie Broder and sprinters Nikkita Holder, Chrystal Emmanuel and Alicia Brown.

“I think being an Olympian is fun but also very hard,” Rodriguez said, noting there is a lot of training involved.

“How do they even eat dinner?”

Organized by the local BIA and a host of volunteers, the parade was a grassroots display of gratitude to athletes from the neighbourhood.

“Please be inspired today. Everyone here can be an Olympian,” said Johanna Carlo, one of the organizers.

CELEBRATE

Mayor John Tory was among many local politicians at the Kew Gardens Park. He officially declared Sept. 7 to be Toronto Olympians and Paralympians Day.

1 Hundreds of Torontonians gathered along Woodbine Avenue Sunday to welcome breakout star Penny Oleksiak and other local Olympians home. TORSTAR NEWS SERVICE

2 Mayor John Tory declared Sept. 7, 2016 as Toronto Olympians and Paralympians Day after a parade celebrating Canadian athletes on Aug. 28. ANDREW LAHODYNSKYJ/TORSTAR NEWS SERVICE

3 Mary Loria shows off her autographed Frisbee as the parade makes its way from East Lynn Park to Kew Gardens. ANDREW LAHODYNSKYJ/TORSTAR NEWS SERVICE

4 Lots of kids came out to celebrate Canada’s accomplishments. ANDREW LAHODYNSKYJ/TORSTAR NEWS SERVICE

EARTHQUAKE RELIEF

Restaurants send aid to Italy

Call it carbs for a cause.

A coalition of Toronto restaurants is peddling pasta to raise money for earthquake relief in Italy.

Throughout September, a portion of the proceeds from each serving of Amatriciana pasta sold at participating restaurants will be donated to the Red Cross Italy Earthquake Appeal.

The pasta sauce, consisting of tomato, pecorino cheese and cured pork cheek, is named for the Italian town of Amatrice, the site of a devastating earthquake that killed 290 people on Aug. 24.

Food blogger Neil Faba, who’s organizing the initiative, called the dish “comfort food.”

“In bad times, people turn to comfort food,” he said.

Diners who take part in the fundraiser are encouraged to share their meals online using the #AmatricianaTO hashtag. For more information, visit facebook.com/AmatricianTO.

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Jia Panpan and Jia Yueyue play at the Toronto Zoo on March 7. THE CANADIAN PRESS FILE

ALBERTA

Calgary mayor seeks help with funding to house panda cubs

It's from one self-declared lover of baby panda snuggles to another.

Calgary Mayor Naheed Nenshi has written to Prime Minister Justin Trudeau asking for Ottawa's help in defraying the considerable cost of housing the critters at Calgary's zoo in two years.

"As a fellow lover of cute cuddly panda cubs, and having observed with envy your recent opportunity to hold Jia Panpan and Jia Yueyue in Toronto during their naming ceremony, I trust you can understand my own desire to embrace these pandas with open arms here in Calgary," Nenshi wrote to Trudeau in a May 27 letter.

> **I trust you can understand my own desire to embrace these pandas.**
> Naheed Nenshi

The word "envy" is underlined twice, followed by two typed exclamation points, and circled in purple ink with another handwritten exclamation point thrown in for good measure.

"I am writing today to request a federal government contribution towards investments required in Calgary to host both the panda family and the large number of new visitors the zoo expects. The decision for Calgary to host the pandas was supported and encouraged by the previous federal government in 2012, but no funds were provided," the mayor writes.

Trudeau's June 21 response thanks Nenshi for his "enthusiastic" letter, but rebuffed the funding request and suggested that the Calgary Zoo explore programs offered by the federal Western Economic Diversification agency. THE CANADIAN PRESS

Give to mental health: Advocates

Canada trails the pack when it comes to mental-health funding among comparable nations — but advocates say a promise from the federal government to improve services means the time is ripe to push for change.

"Access-to-care is abysmal in most places throughout the country, and of course that's linked ... not only but very much to funding," said Louise Bradley, executive director of the Mental Health Commission of Canada, in a recent interview.

Bradley's organization and others, such as the Canadian Mental Health Association (CMHA), have been calling for the mental-health share of health spending in the provinces and territories to increase by two percentage points over the next decade — from a national average of seven per cent to nine.

Canada's funding levels rank near the bottom among a list of OECD countries, a point of concern for the Trudeau Liberals who have pledged to make improved access to services a priority.

Bradley says she's hopeful something can be done through the upcoming round of discussions on a new health funding agreement between Ottawa and the provinces — but even that would leave Canada behind countries such as New Zealand, Australia and the United Kingdom, where funding levels range from 10 to 14 per cent.

Most Canadian jurisdictions are in the same funding range or slightly higher than Nova Scotia, which earmarked $275 million out of its overall $4.1-billion health budget for mental-health services for 2016-17.

Bradley said the numbers don't meet the burden on the economy at in terms of lost productivity, at about $50 billion a year. THE CANADIAN PRESS

Many ex-military need shelter now

RESOURCES

Feds' plan for homeless vets calls for shift in benefit program

Veterans Affairs officials are ready to recommend that the federal government give rental subsidies to veterans who are homeless or nearly so in order to combat what they describe as an unacceptable situation in Canada.

A draft of the new federal strategy to combat homelessness among veterans also recommends the government build new affordable housing units specifically for veterans, suggesting Canada doesn't have enough units to handle the unique needs of former military members who can have addiction and mental health issues related to their service.

The strategy says that what homeless veterans require is access to immediate housing, peer support and outreach to get them off the street, and months or even years of intensive case management with a broad range of services.

BY THE NUMBERS

235,000
The number of Canadians who experience homelessness annually

2,250
The estimated number of veterans who use shelters

A final draft of the strategy isn't expected to be completed and made public until later this year.

"As a department, we've got a mandate for the care, treatment and re-establishment to civilian life of veterans in general, and clearly somebody who is homeless is not successfully re-established in civilian society," said Tim Kerr, director of the veterans priority programs secretariat at Veterans Affairs Canada, which is heading up work on the strategy.

"Because of that, our minister, and our deputy minister and I and my team believe that we have an obligation to address this issue of veteran homelessness."

The recommendations, if implemented, would mark a shift in veterans benefits programs that leave no room to provide things like housing subsidies that have been successful in the United States at keeping veterans off the street.

"We need housing in every province, designated housing for vets.

"We need transition homes in every province to help them get back on their feet," said Jim Lowther, president of Veterans Emergency Transition Services (VETS) Canada.

THE CANADIAN PRESS

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APOTEX
ADVANCING GENERICS

Burkini debate sets tone for elections

FRANCE

Ban on Muslim swimwear has drawn global condemnation

The national identity crisis exposed by France's burkini controversy is threatening to set the tone for the country's presidential campaign.

The relationship between France's Muslims and non-Muslims has been a recurring theme as presidential hopefuls kick off campaigning for the April-May election.

A top French court ruling Friday against banning the burkini didn't put an end to the debate. Some mayors are refusing to rescind their bans, arguing that the head-to-ankle swimwear could disrupt public order after a summer marred by extremist attacks. The burkini bans by some French coastal towns drew international condemnation after images circulated online of police appearing to require a Muslim woman to disrobe.

A woman wearing a Burkini joins a protest outside the French Embassy in London on Thursday, during a "wear-what-you-want beach party" to protest against the ban. AFP/GETTY IMAGES

Former President Nicolas Sarkozy and some other conservative candidates want a national law banning burkinis. Sarkozy's chief rival for the conservative nomination, former Prime Minister Alain Juppe, suggested putting limits on how far religious practices can reach into public life, calling for a special accord between the state and Muslim leaders to lay out clear rules for respecting French secularism.

"It is legitimate to ask them to have a knowledge of the principles of the organization of the republican state," he said.

THE ASSOCIATED PRESS

ITALY EARTHQUAKE

Officials vow to probe negligence, mob ties

Italian authorities are vowing to investigate whether negligence or fraud in adhering to building codes played a role in the high death toll in last week's earthquake in Italy.

They also called for efforts to ensure organized crime doesn't infiltrate lucrative construction contracts to eventually rebuild much of the picturesque towns levelled in the disaster.

Meanwhile, rescue workers pressed on with the task of recovering bodies from the rubble, with hopes of finding any more survivors virtually vanished four days after the powerful quake.

Firefighters retrieve a bell from the village of Rio, central Italy. THE ASSOCIATED PRESS

Over the past two days, they found six more bodies in the rubble of Hotel Roma in Amatrice.

THE ASSOCIATED PRESS

LOUISIANA FLOODS

Hopes high for recovery

In 23 years of coaching football, Dru Nettles never had to deliver a pep talk like this.

Most of his players and coaches on Denham Springs High School's football team lost homes when floodwaters ravaged their city in suburban Baton Rouge. Their battered school remains closed, but the team has a season-opening home game to play in two weeks.

The promise of Friday night football is tonic for a city at the epicenter of the catastrophe. Even the most modest signs of recovery are lifting weary spirits in Denham Springs, where flooding damaged an estimated 90 per cent of homes and businesses. THE ASSOCIATED PRESS

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INNOVATION

Toronto's tech centre home to new startups

Ooka Island is a rapidly growing learn-to-read software startup with roots planted in the red soil of Prince Edward Island.

But when the Charlottetown-based company planned to get serious about bringing its product to market, it needed to expand to an urban centre close to venture capitalists, a pool of skilled labour and a broader customer base.

"Once you get to the product validation stage it is hard to be on an island far away," said Kelly Shaw, CEO of Ooka Island.

Ooka Island moved into a co-sharing space at Toronto's MaRS innovation nearly two years ago. Its neighbours include other startups, advisors and investors and tech giants such as Facebook, Etsy and Airbnb.

"It's like planned serendipity — it's like these introductions and moments of connections happen and sometimes they're unexpected and sometimes they're planned," Shaw said. Once upon a time, the need for such an ecosystem might have required a move south to Silicon Valley. But now the stretch of Highway 401 that connects Toronto with Kitchener-Waterloo has many hallmarks similar to that other famous tech corridor along California's Highway 101.

Alex Kolicich, a 30-year-old venture capitalist who moved to Silicon Valley after graduating from the University of Waterloo.

Lately, he's been on the hunt for more Toronto-Waterloo startups. "The Toronto-Waterloo corridor seems to have a lot of the ingredients you'd want in a tech centre," he said.

TORSTAR NEWS SERVICE

INNOVATORS

The top 5 countries on the 2016 Global Innovation Index with their scores out of 100

1. Switzerland 66.28
2. Sweden 63.57
3. United Kingdom 61.93
4. United States of America 61.40
5. Finland 59.90

15. Canada

Kelly Shaw CEO of startup Ooka Island says the business has grown since moving to TO. TORSTAR NEWS SERVICE

IN BRIEF

Mussel shortage for New England's fishing industry

The Gulf of Maine's once strong population of wild blue mussels is disappearing, scientists say.

A study from the University of California at Irvine found the numbers along the gulf coastline have declined by more than 60 per cent. Blue mussels are worth millions to the economy of New England. Thousands of dead mussels washed up last week on the shores of Long Island and New York and warm water temperature could be to blame. THE ASSOCIATED PRESS

Postal strike talks continue

Contract talks continued between Canada Post and its largest union Sunday afternoon, with neither side hinting as to whether any progress had been made.

A federally appointed mediator began meeting with the two sides on Friday to try to reach a deal. The two sides have been deadlocked for months on various issues. On Sunday, the union said its initial plans for job action would have little effect on Canada Post customers.

THE CANADIAN PRESS

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metro VIEWS
Your essential daily news
Monday, August 29, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION
Can men wear sandals? I mean other than Jesus.

Dear Ellen,
Can men wear sandals? I mean other than Jesus.

JL

Dear JL,

Before we begin with this intensely interesting and relevant question, may I address your use of the word "can"? It means, roughly, "able to." Obviously, any man "can" wear sandals. The question is, "should" a man wear sandals?

As with so many matters of etiquette, the answer is "it depends."

Is the man alone on a beach? Then yes, the man should wear sandals if he wants, and in fact wear nothing but his sandals, if that is his desire. What we do in private is subject to no laws of etiquette or even common decency. Privacy is our right, as long as it doesn't infringe on the rights of others. This is why Edward Snowden deserves a full pardon, if not a medal for service to his fellow Americans.

Is the man amongst other people on the beach? No problemo. Sandals on a beach are appropriate. Does the man have grotesque, horny Hobbit feet that will scare small children? Sorry, kids, avert your gaze if you must. But those feet have the same rights as yours to sun, sand and surf.

Is the man wearing the sandals in the workplace? If the dress code allows it, and as long as women or others are allowed to brandish their tootsies, then there's no way we can forbid the male of the species from peacocking his own peds. Some of us might have the old-fashioned idea that sandals on men are never a good look without sun, sand and surf to blind us to the full effect of their naked feet. But that's a prejudice that has no place in modern, non-sexist etiquette.

You might think that a contagious foot disease would be a good reason to forbid sandals, and yes, it's only polite to cover any suppurating sores.

Is the man wearing the sandals in a fancy restaurant? I must say, this is where I am tempted to draw the line. Every snobbish bone in my body recoils at this idea, as I think that anyone with poor enough judgment to wear sandals to a nice resto could hardly be trusted to have had a recent pedicure. But, in good conscience, I must allow it if the restaurant does.

You might think that a contagious foot disease would be a good reason to forbid sandals, and yes, it's only polite to cover any suppurating sores that are spreading infection. (Incidentally, since you brought up Jesus, allow me to point out that a person with the unsightly symptoms of leprosy is entitled to wear sandals, since the disease is transmitted by nose and mouth.)

Finally, is the man wearing the sandals with a wetsuit on a beach in France, where he might be mistaken for a Muslim woman who doesn't want to expose her hair or skin to UV rays or fellow beach bums? Then I would say he has every right to wear the sandals, and the wetsuit. But I would caution him that he must be prepared to deal with shameless demagogues who at this very moment are hypocritically using "respect for women" to justify Islamophobic, racist and misogynistic persecution of "burkini"-wearing women, even though the highest court in the country has told them they're wrong.

Sadly, I fear that old leper-loving, sandal-wearing Jewish prophet Jesus Christ himself would be in danger from these so-called Christians. Whether you believe in God or not, the fact is JC the man walked the walk when it came to loving his fellow humans, and judging not lest he be judged. And, to his peril, he wasn't afraid to stand up to bigots and hypocrites.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

When it comes to personality, 'A' is the only type to be

I am Type A, and I am also not. Type A doesn't actually mean anything.

Or rather, it means no one thing, and also many things. It is an entirely useless and incredibly useful term.

If you are so inclined — if you're so Type A as to feel the need to define yourself — you can claim Type A by pointing to various needs: to control, to find success, to reach a target, to complete a task.

If you are not so inclined — if you prefer to imagine yourself as whimsical or easygoing or accommodating or chill — you can claim anything-but-Type-A. Or everything-but-Type-A. "What are the other types?" you wonder. Everyone has forgotten. Whatever they were, the others never made the cultural impact that Type A has made. Probably thanks to Type A people.

A recent article by Melissa Dahl for New York Magazine's Science of Us blog argues that there's no single definition of Type A. It is, per a source she quotes, "bulls—t."

But that's not to say it's inexplicable. It turns out that Type A can be traced to, of all things, tobacco corporations. Their idea was to fund research that asked whether your personality, as opposed to smokes, could be what's killing you via heart disease. As Dahl found, the question had merit: "The research narrowed in on two components within the original conception of Type A — anger and hostility — which have indeed been shown to be linked to a higher risk of heart disease."

This is, no doubt, why Type A has endured. The research didn't work exactly as intended by Philip Morris and co., but it did give controlling folks everywhere a nice cosy umbrella to stand under, a place to call home.

I may balk at the idea that anger and hostility are in my nature (surely they don't define me), but Type A has been a helpful phrase in my life.

As a teen, it helped me understand why no one else got so mad about littering, and why I could not go to school in unmatching socks. It gave me a rationalization when I felt like being outspoken. I wasn't "bossy" (though of course I also was); I was Type A.

I still sometimes wish I could be more chill like all you other folks. But the feeling passes.

You might go with the flow, but I'm Type A. And as bulls—t as that is, we get s—t done.

Listen to Nth Wave, Rosie's podcast on women in media: metronews.ca/podcasts

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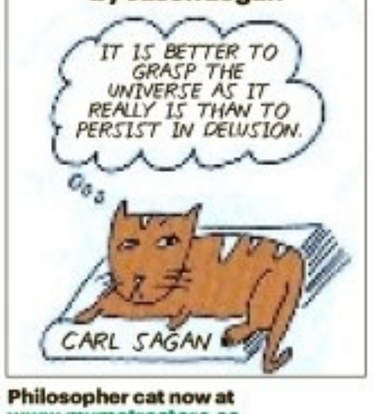

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metro LIFE

Your essential daily news

Monday, August 29, 2016

21%

Junk food study: Consumption of sugary drinks fell by 21 per cent in Berkeley, Calif., four months after the city's soda tax came into effect last year.

All that stuff nobody wants

MINIMALIST MILLENIALS

Young adults don't want to inherit family's heirlooms

Liz Brown
Metro | Canada

For years, Juliana Weberman has been dodging the household heirlooms and castoffs her parents try to gift her.

There are La-Z-Boys, various kitchen supplies and a table that belonged to her grandparents — all things her mom and dad want to pass on to her and her brother. But Weberman isn't interested in inheriting them.

"My parents' house is twice the size of mine," says Weberman, 35, who lives in a three-bedroom home in Brantford, Ont. with her six-month-old daughter and husband.

"Where would I put all that stuff?"

With high housing costs, smaller families and a later start into domestic life, millennials are shunning some of the material trappings that were their markers of success for their baby boomer parents.

It's a trend Veronica Harding has noticed in her 25 years working in estate sales. As owner of The Great Estate Sale in Toronto, Harding says she's seen a shift towards this minimalism in the younger generation.

It's particularly difficult to unload what Harding calls 'dust collectors': the Royal Doulton figurines; the china sets; the silverware that baby boomers consider family heirlooms.

"Twenty years ago, kids took this stuff from their parents. Now they don't want it. You have to clean it, you have to polish silver; china is nice but you can't put it in the dishwasher and who has time for that in today's society?"

"And if you look at the housing situation, most young people can't afford a big house. They're living in condos and apartments so a lot of the furniture won't even fit."

David Colletto, CEO at Abacus Data, has spearheaded market research into the behaviours and tastes of millennials. He doesn't think his generation is any less materialistic than their parents — rather, as a generation, they value different, more intangible things.

Research conducted by Edelman and StrategyOne asked people aged 16-22 what they would give up out of a list of items (including cosmetics, their car, passport, smartphone and sense of smell).

Over half (53 per cent) said they would give up their sense of smell if they could keep their smartphone.

According to Colletto, this priority on connectivity through social media is what drives the millennial consumer.

"For millennials, we're not looking to express our accomplishments through nice dishes or a nice car.

"Going to cool places, being able to experience amazing things and sharing them on social media is the equivalent of those things," he says.

That's not to say millennials don't appreciate some family treasures. Weberman has kept her grandmother's wedding band and Colletto has a hat of his grandfather's.

"It comes down to sentimentality," says Weberman, who would rather have small, meaningful items than large pieces of furniture or knick knacks.

"We'd rather take a few trips every year than have big mortgage payments on a bigger house to store all that stuff."

Juliana Weberman says she does have the room to take on all the things passed on to her from her parents. PATRICK WEBERMAN

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Local fitness professional Rhonda Roberts has danced in movies like Hairspray and Chicago. LUCAS OLENIUK/TORSTAR

LIFESTYLE

The dancer trying to make fitness fun

A professional dancer for 15 years, Rhonda Roberts Smid now channels her passion for movement into operating a thriving west-end Toronto fitness studio, TAB Fitness, since 2012.

As the owner and creative director, Roberts Smid, 45, is a CanFitPro-certified personal trainer in group fitness and pre- and post-natal fitness. With a "natural and fun" fitness philosophy, she focuses on body weight exercise that avoid all the "gizmos and gadgets at a gym."

"You can be at your house, take all the exercises we do in class, and apply them at home," she says. "If you can't do something on your own, you're not going to do it for the long haul."

For the next month, Roberts Smid will be sharing simple yet effective fitness techniques that you can do at home. Her moves will whip your abs into shape.

How did you get into the fitness world?

I was always involved in fitness — I was on athletic teams in school, danced all my life, went to a performing arts school. But the big moment happened when I was dancing in the Lion King in Toronto, and someone busted their knee in rehearsal. I was thinking, 'Wow, that's life altering.' It wasn't because they weren't a strong dancer, but they generally weren't strong. I ended up starting strength training, yoga, and other classes, and later became certified as a trainer myself. After dancing in a couple of movies — Hairspray and Chicago — I had my daughter, and decided to shift gears into the fitness world.

What do you focus on as a trainer?

Definitely abdominal work, and trying to get people to understand how to use their abdominal region more efficiently. I don't prescribe to things like, oh, I'll transform your body in 6 weeks. I want people to arrive in a place where it becomes part of their lifestyle.

How can people keep up their motivation to work out?

Set realistic goals. Try to do a variety of different things to improve your fitness level instead of just going to cross-fit or yoga or stability ball. In the course of a week, I try to give clients a bunch of different things to do in a week. And the biggest thing: Make fitness fun. TORSTAR NEWS SERVICE

Be wise by knowing your work insurance policy

ADVICE

Study the ins and outs of your benefits' disability plan

Gail Vaz-Oxlade
For Metro Canada

Buying disability insurance can be complicated, so get help from a qualified insurance broker, writes Gail Vaz-Oxlade. ISTOCK

One of the biggest myths about disability is that it won't happen to you.

Or maybe you think, "I'm covered at work. That's good enough." Since work-related plans seldom have the kind of coverage available on individual disability insurance policies, you could be in for a shock.

Imagine being diagnosed with a progressively debilitating disease.

Imagine the relief of knowing that, while you have to stop working, you have a group disability plan that will help to make ends meet.

Imagine your disbelief when your claim is declined by the insurance company because you just aren't "disabled" enough.

Want to avoid a nasty surprise when you can least afford it? Take these questions to your benefits administrator at work and make sure you understand the answers you get:

What's the policy's definition of disabled and how long will benefits be paid? If you can't do the job you were hired to do, will you be paid regardless of what other work you may be able to find? Will partial benefits be paid if you can only work for a few hours a day?

A weak definition of disabled can be one of the biggest holes in a plan. If your policy has an "any occupation" clause, which is typical of most group plans, the only way you'll collect is if you're unable to do any work at all. If the insurance company deems you could be a parking lot attendant, it won't pay.

How much are you covered for and how will it be taxed? Most group policies cover employees for a certain percentage of their salaries — typically 60 to 75 per cent.

Some also have a cumulative maximum. If you pay tax on your premiums, you won't pay tax on your benefits, and vice versa.

Does my policy have a residual disability feature? Without it, years may pass before your claim can begin because you must meet the insurance company's definition of "totally disabled."

What are the exclusions on your policy? Typical exclusions include travel outside Canada, pre-existing conditions, and alcoholism. The list can be wide and varied.

If you don't think you've got an iron-clad disability policy at work, or you have no disability insurance at all, it's time to shop for individual coverage.

Buying disability insurance can be complicated, so get help from a qualified insurance broker. And do it before you're 30 or you'll pay through the teeth!

For more money advice, visit Gail's website gailvazoxlade.com

QUICK QUIZ

If you're over 30 years old, what's the likelihood that you'll have a long-term disability — lasting more than 90 days — at some point in your life?
1 in 10
1 in 5
1 in 3
1 in 2
The answer: 1 in 3.

How long would you likely remain on disability?
6 months
14 months
28 months
32 months
The answer: 32 months.

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JOHANNA SCHNELLER
WHAT I'M WATCHING

Love and youth are timeless

THE MOVIE: XOXO (Netflix)
THE MOMENT: The insider cameo

DJ-wannabe Ethan Shaw (Graham Phillips, The Good Wife) is mixing an electronic dance music (EDM) track labeled "Mom — vocal" in his bedroom when he gets an IM: His YouTube single is racking up views. In the background, his mother calls out, "Sweetie, how many hits do we have?"

"We just passed a million," Ethan replies. He heads for the kitchen. His mother's at the table. "Are there any more comments about me?" she asks.

"Everyone's loving your voice, Mom. Seriously," he replies.

This made-for-Netflix film quickly leaves Mom in her kitchen and never looks back, as Ethan and fellow 20-somethings head off for a magical night at XOXO, the biggest EDM rave in America.

Ethan gets his break as a DJ and Krystal (Sarah Hyland, Modern Family) finds love, against a backdrop of neon makeup, Ecstasy and Skrillex.

Look again at Mom, though: She's Ione Skye, best known as the girl John Cusack woos by holding a boom box over his head in Say Anything, the 1989 teen love story from music fan/writer/director Cameron Crowe, which culminates in one of the great high-school parties of cinema.

Skye's presence in XOXO is what I call a Reverential Cameo — a cinematic Easter egg for aficionados. It draws a line from that film to this, hoping to establish XOXO's bona fides through its references. In '89 a love song was "In Your Eyes;" now it's Diplo. But the filmmakers threw in that glimpse of Skye to remind those who notice that love and youth are timeless.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Sarah Hyland plays Krystal in EDM movie XOXO. CONTRIBUTED

Justice Smith plays Ezekiel Figuero in Baz Luhrmann's Netflix series The Get Down. CONTRIBUTED

The dawn of Justice Smith

PROFILE

Lead man in The Get Down is praised for breakout role

At Justice Smith's audition for The Get Down, Baz Luhrmann's ambitious Netflix series chronicling the birth of hip hop in 1979 New York, he performed Juicy by the late Notorious B.I.G. "You know very well/who you are," he sang. "Don't let 'em hold you down/reach for the stars."

At just 21 (his birthday was Aug. 9, meaning Juicy dropped exactly one year before he was born), the breakout star of the richly drawn series seems to indeed know very well who he is.

"I was always taught to be emotional and expressive," he says over the phone from New York, where he is still in production on the final two episodes of the first season (the first six, dubbed Part One, are streaming now on Netflix). By contrast, his lavishly named character, Ezekiel "Zeke" Figuero, tries to hide his poetic heart. "He's expressive, but there's added pressure that he succumbs to about what it means to be a man," Smith says in his first print interview.

The long-gestating series (Luhrmann has been developing the project since 2006) follows Smith through his coming-of-age in the creatively vibrant, fiercely violent street culture of the South Bronx, a confluence of influences that would give rise to hip hop (the show also provides a deep dive into disco's reign).

> **I was always around music. Even if I wasn't actively studying it, I was absorbing it.**
> Justice Smith on life at home

Though Smith grew up in a family of musicians, he always saw himself as the least likely to achieve musical stardom. "My parents are both singers and my sister's a singer as well," he says. "I was the only actor." Yet this musical upbringing has served him well on The Get Down, in which he raps and dances with his crew the Get Down Brothers. "I would hear them singing or practising," he says of his family.

"I was always around music. Even if I wasn't actively studying it, I was absorbing it. It was just a matter of accessing it."

Though hip hop rules much of American Top 40, Smith isn't necessarily a fan: his tastes lean more toward jazz and folk than rap. "I listened to a whole bunch of hip hop from every decade," he says of his Get Down prep.

As part of a Get Down boot camp, Smith was also given a reading list. One book that stuck with him was Down These Mean Streets, Piri Thomas's memoir of growing up in the street scene of Spanish Harlem.

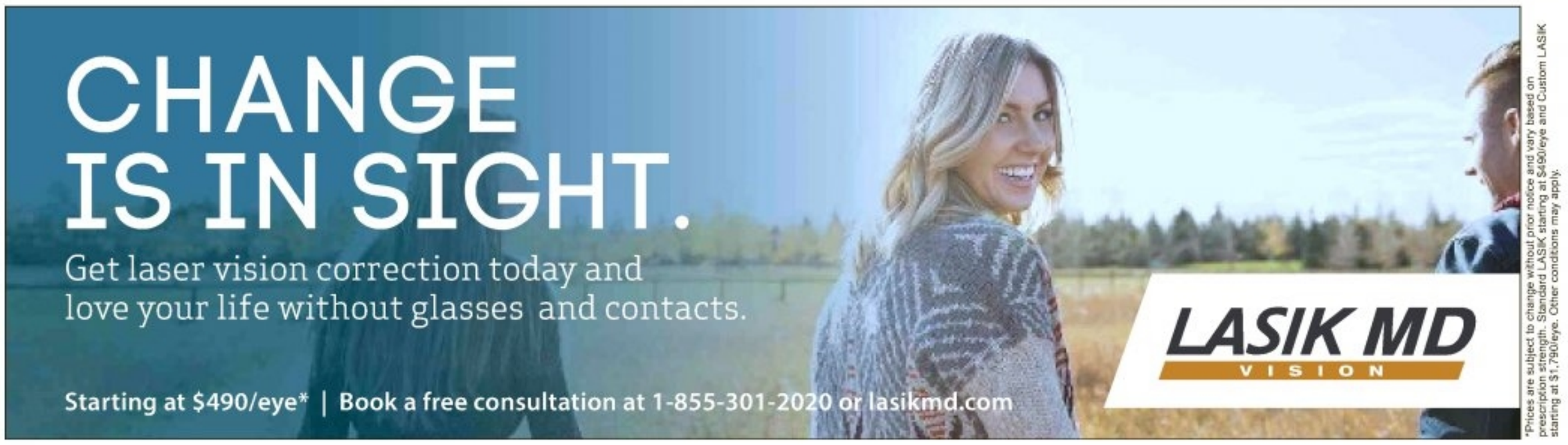
"He talks about growing up in the ghetto and when you are walking down the street you have to have cara palo, which means stone face," he says. "It's not manly to show any emotion, because emotion is weakness.

"That was something that I tried to apply to Zeke, having a stone face, but also this deep well of emotion inside of him."

The shoot was by all accounts demanding, with Variety reporting it as "among the most expensive shows in history" with an extravagant $10-million budget per episode. Though the sprawling series' lack of focus can be confusing, critics have praised Smith's performance.

Better yet, so have the fans.

It shows how well-matched Smith was with executive producer Luhrmann's heart-on-your-sleeve style. Smith's own journey might be only just beginning, but half the fun of The Get Down is discovering the young talent as he takes those soulful first steps. TORSTAR NEWS SERVICE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metro SPORTS

Yankees rookie Gary Sanchez doubled and singled in Sunday's loss to the Orioles and is hitting .404 with 11 homers in 22 games this year

Making it rain hats

MLB

Donaldson hits 3 homers in Blue Jays' comeback win

Josh Donaldson briefly turned Rogers Centre into a hockey arena on Sunday.

With the Blue Jays wearing their red uniforms on Canada Baseball Day at Rogers Centre, the Toronto third baseman hit three home runs for a hat trick in a 9-6 victory over the Minnesota Twins. Fans threw hats on the field after Donaldson's third homer in the eighth inning for the Jays, who completed the three-game sweep.

"It's one of those things, as a baseball player, you want to happen one day," said Donaldson of hitting three homers in a single game. "You don't know if it's ever going to happen, it's kind of a rare thing (and) I was happy to do it."

After the game Donaldson posted a picture on Twitter of him holding up two clear garbage bags filled with ballcaps that the grounds crew and Blue Jays mascot Ace had collected from the field.

Donaldson's two-run homer (74-56) in the seventh gave Toronto a 6-5 lead and helped extend the Twins' (49-81) losing streak to 10 games.

"You can start to see it at the beginning of this homestand, he was just missing some pitches, he just skied a couple breaking balls," said Toronto manager John Gibbons. "He's capable of that, we have a few guys who are capable of doing something like that, it's a rare feat."

The 30-year-old Donaldson followed that by completing the homer trifecta with a solo shot to dead centre in the eighth, his 33rd. The third baseman's first career three-home run game helped Toronto rally from a 5-2 deficit after coming back from a 5-0 deficit Saturday. Following Donaldson's third homer of the day and fifth in four games, hats poured onto the field and the sell-out crowd demanded a curtain call.

"I've never had a curtain call before so that was nice. I tried to enjoy it for a second," Donaldson said. "Eddie (Encarnacion) was on deck after I hit the third one and he had a huge smile on his face, that kind of brought it into reality a little bit there."

R.A. Dickey gave up five runs, three earned, over six innings, scattering six hits and three walks. Minnesota starter Kyle Gibson threw 5-1/3 innings allowing four runs and eight hits.

Pat Light (0-1) took the loss while Scott Feldman (7-4) pitched 2/3 of an inning in relief for the win. THE CANADIAN PRESS

Josh Donaldson takes a curtain call after hitting his third home run of the game on Sunday. RICK MADONIK/TORSTAR NEWS SERVICE

SUNDAY In Toronto

9	6
BLUE JAYS	TWINS

@BRINGEROFRAIN20/ TWITTER

CANADIAN OPEN

Thailand's juggernaut wins by 4 strokes

Ariya Jutanugarn rebounded from disappointment at the Olympic Games to win the LPGA's Canadian Open on Sunday.

Knee pain forced the 20-year-old from Thailand to withdraw during the third round of the women's golf tournament in Rio, where women's golf made its Olympic debut.

Jutanugarn was the leader after the opening round there.

Ariya Jutanugarn GETTY IMAGES

She almost pulled out of this week's Canadian Pacific Women's Open in Priddis, Alta., but was glad she didn't.

"My knee hurt so bad last week, but when I got here on Monday and Tuesday, it was getting a lot better," Jutanugarn said Sunday after collecting a winner's cheque of $337,500.

"I think my tee shots were pretty good all week and my irons are getting a lot better in the last week or so."

Jutanugarn's fifth victory in just her second year on the tour is the most by any LPGA player this season.

Leading by two shots heading into the final round at Priddis Greens Golf and Country Club, she posted seven birdies and just one bogey en route to a six-under 66 in cool, cloudy conditions.

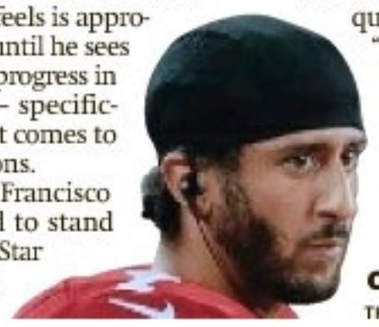
She finished four shots clear of runner-up Sei Young Kim of South Korea on the 6,622-yard Raven course. Three-time winner Lydia Ko of New Zealand tied for seventh at 13-under. THE CANADIAN PRESS

NFL

Kaepernick's anthem snub is 'what's right'

Defiant, and determined to be a conduit for U.S. change, Colin Kaepernick plans to sit through the national anthem for as long as he feels is appropriate and until he sees significant progress in America — specifically when it comes to race relations.

The San Francisco QB refused to stand for the The Star Spangled Banner before the 49ers' pre-season loss to the Packers on Friday, and on Sunday Kaepernick insisted whatever the consequences, he will know "I did what's right." He said he hasn't heard from the NFL or anyone else about his actions — and it won't matter if he does. THE ASSOCIATED PRESS



Colin Kaepernick THE ASSOCIATED PRESS

IN BRIEF

New York team wins Little League World Series title

Ryan Harlost led Endwell, N.Y., to the Little League World Series title, striking out eight and limiting South Korea to five hits in six innings in a 2-1 victory Sunday.

Endwell became the first U.S. winner since Huntington Beach, Calif., in 2011, and gave New York its first championship since 1964.

Harlost also scored the deciding run on a passed ball. THE ASSOCIATED PRESS

PREMIER LEAGUE

City goes 3-for-3 to begin campaign

Manchester City kept pace with likely title rivals Manchester United and Chelsea by beating West Ham 3-1 on Sunday for a third straight victory in the early stages of the English Premier League season.

However, what started as a lesson in pass-and-move, attacking soccer by City under new coach Pep Guardiola turned into a nervy finish at Etihad Stadium.

Raheem Sterling and Fernandinho scored in the opening 18 minutes for City, which carved West Ham open at will in a dominant first-half display that showed Guardiola's influence is already rubbing off on his players.

Sterling scored again in injury time. THE ASSOCIATED PRESS

SUNDAY In Manchester

3	1
CITY	WEST HAM

CANCON

- The top Canadian was Hamilton's Alena Sharp, who had the best result of her LPGA Tour career, birdieing the final two holes for a 67 to finish fourth at 16 under.
- Brooke Henderson shot a 69 to tie for 14th at 11 under.

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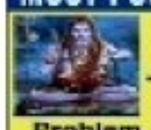

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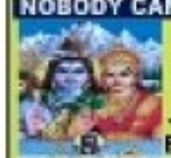

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RECIPE Orecchiette with Turkey and Broccoli

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This is the pasta recipe you didn't know you needed. It's made with a handful of ingredients and takes no time!

Ready in 20 minutes
Prep time: 5 minutes
Cook time: 15 minutes
Serves 4 to 6

Ingredients
- 1 lb (450 g) orecchiette
- 3 Tbsp olive oil
- 4 cloves garlic, minced
- 1 onion, chopped
- 1 tsp fennel seeds or fresh thyme
- 1/2 tsp crushed dried chilis (optional)
- 1 lb ground turkey
- 4 cups of broccoli florets, cut quite small
- 1 cup chicken stock
- 1/2 cup grated Parmesan cheese

Directions

1. Cook the pasta according to package instructions.

2. Warm olive oil in a large skillet over medium heat. Add garlic, onion, fennel seeds or thyme and chilis and cook three minutes. Add the turkey and cook for another five minutes, until the meat is browned and almost cooked through.

3. Carefully add broccoli to pasta two minutes before the pasta will be done. Drain pasta and broccoli and add them to the skillet.

4. Toss everything together well. Add stock and toss more. Season to taste. Serve with a healthy sprinkle of Parmesan on top.

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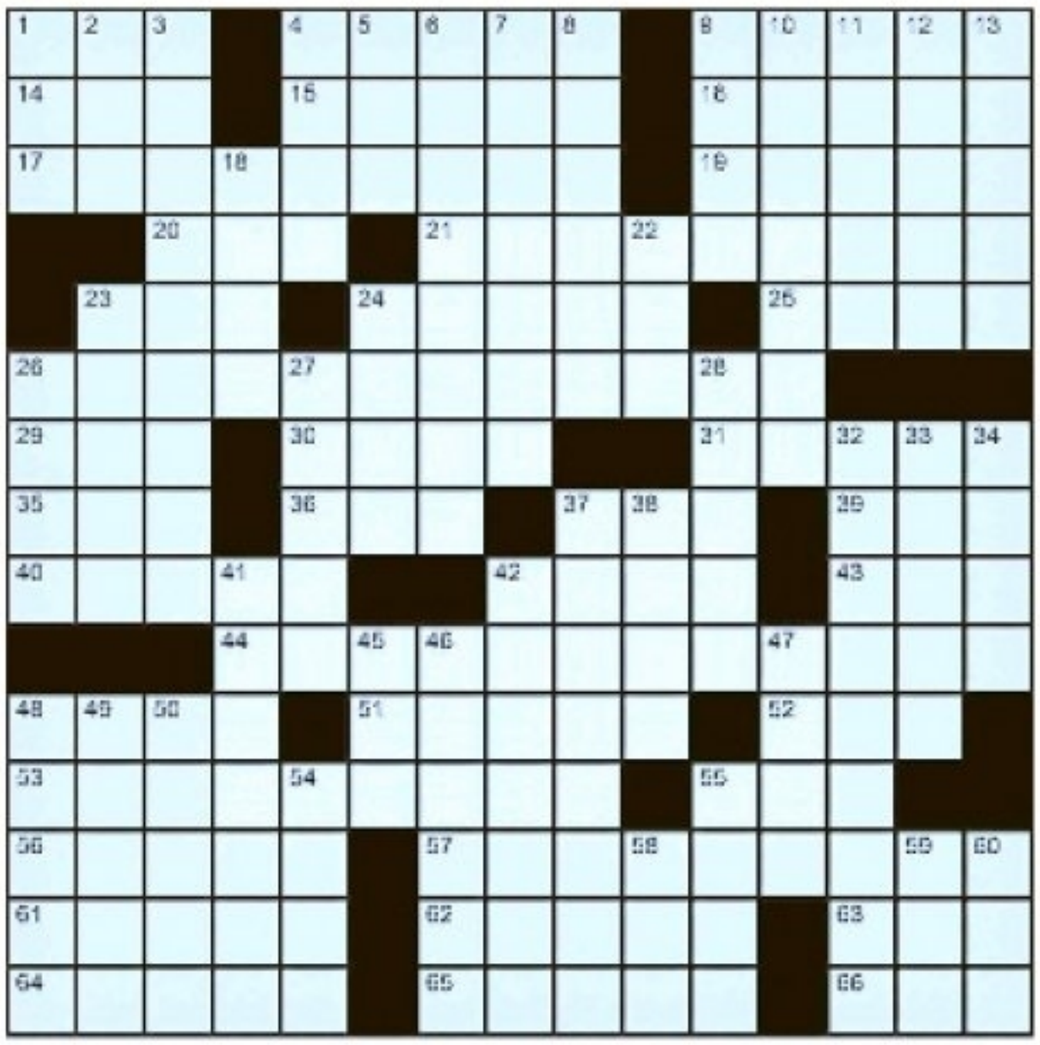
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Since-1916 car co.
4. Does restaurant kitchen work
9. Percussion stick
14. Ooh and _
15. Get the plant a new container
16. Darth of Sci-Fi
17. _ hat (Topper for Abraham Lincoln)
19. French composer Jacques
20. Fleur-de-_
21. Abundance
23. Ms. Aniston, to pals
24. Hog not
25. Last loves
26. One of the 3 Chefs on Cityline: 2 wds.
29. Comic actress Ms. Gasteyer
30. Nature shelters
31. Additional
35. Mr. Blanc
36. Cold
37. Moo _ pork (Takeout dish)
39. 'I love', in Latin
40. Place
42. Summers: French
43. Wine region of Portugal
44. Shubenacadie Provincial _ _, in Nova Scotia
48. Entreaty
51. Modern English's "_ _ With You"
52. 'Dial' add-on
53. Use rope, pitons and carabiners: 2 wds.
55. Mr. Gershwin
56. Grace's surname on Will & Grace
57. American playwright: 2 wds.
61. Country songstress Ms. Carter
62. Loosen
63. Shoe width size
64. Fidgety
65. Mr. McQueen
66. Assn.

DOWN
1. _-relief
2. Tangle, as fur
3. Costco _ Canada Ltd.
4. CEO
5. Celebrity's agt.
6. Light bulb moment
7. Forest clique trees?
8. Directs
9. Gladiator's 107
10. Mouse's sci. undertaking: 2 wds.
11. Folie _ _ (Foolishness shared by two)
12. Mesa _ National Park, in Colorado
13. Belonging to a single-named Art Deco designer
18. Wine, in Italy
22. Modern
23. Chrissy's sitcom roommate
24. Li'l requirement
26. Rocks out in rehearsal
27. Canadian songstress, _ Onukwulu
28. Fruitless: 2 wds.
32. Appeared briefly, but memorably, in the movie: 3 wds.
33. Web store, say
34. Chess piece
37. Nova Scotia's provincial mineral
38. Bulk
41. Greets the morning
42. Component
45. Beatles: What Magill called herself
46. F Plus improvement, _ _
47. Ms. Gilpin
48. The Devil Wears _ (2006)
49. Shade of green
50. Plaudit
54. Blues guitarist Robert
55. "Makes sense now.": 2 wds.
58. Ms. Ullmann
59. Poet's 'above'
60. Positive opp

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to make long-range plans for the future regarding children, as well as plan for social activities. Relations with partners will improve in the next few weeks.

Taurus April 21 - May 21
Family discussions will be practical today, which is why it's a good day to think about how to do something in the future. Line up financing and practical support.

Gemini May 22 - June 21
Discussions with partners and close friends will be practical. Everyone is willing to work and postpone pleasure.

Cancer June 22 - July 23
If shopping today, you will want to buy long-lasting, practical items, definitely on sale. All financial discussions will be serious and pertain to future security.

Leo July 24 - Aug. 23
Someone older or more experienced might have advice for you today. Whatever the case, this is not a frivolous day — quite the opposite! You're concerned with how to get things done.

Virgo Aug. 24 - Sept. 23
Research of any kind will go well today. Maintain your steady effort to discover answers and solutions to old problems, because you will make headway.

Libra Sept. 24 - Oct. 23
A serious discussion, perhaps with an older female, might benefit you today. At the very least, listen to what is offered, because later, you might need this information.

Scorpio Oct. 24 - Nov. 22
Your interactions with someone in authority are strictly business today, which is why they want to know personal details about your private life. Do things according to the rules.

Sagittarius Nov. 23 - Dec. 21
Discussions about philosophy, higher education, religion and politics will be serious today. However, they will be productive because people are looking for solutions.

Capricorn Dec. 22 - Jan. 20
This is a good day to get your ducks in a row regarding taxes, debt, inheritances and shared property. Whatever effort you make today will produce results.

Aquarius Jan. 21 - Feb. 19
Be prepared to accommodate others, because the Moon is opposite your sign. Benefits will come to you through your willing acceptance of your responsibilities to others.

Pisces
Feb. 20 - March 20
It will please you to make things more practical and orderly today, because you want to be surrounded by organization. Commonsense solutions will please you.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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	9			1		8		5
			9				4	
	6	2				5	9	
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		9						

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4	8	1	2	5	6	9	7	3
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7	1	9	6	4	8	5	3	2
8	2	4	3	1	5	7	6	9
1	4	7	5	8	2	3	9	6
5	6	2	4	3	9	1	8	7
9	3	8	7	6	1	2	5	4

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